



**Antoinette  
Oglethorpe**

## **Unlocking Success for People and Organisations in a Changing World of Work**

Career Management & Leadership Speaker.



## This isn't just a keynote. It's a compass for success at work.

Your people are smart, capable, and ambitious. But in today's fast-changing world of work, talent alone isn't enough. Without clarity, ownership, and confidence, careers stall - and so can your organisation.

Antoinette Oglethorpe is an award-winning coach, best-selling author, and keynote speaker on a mission to change that.

As the creator of the COMPASS framework and author of *Confident Career Conversations*, Antoinette delivers keynotes that empower individuals to take charge of their development - and equip leaders to support them.

Her high-energy sessions blend inspiring stories, practical tools, and just enough humour to spark real change. Audiences leave with a shared language for career development and the motivation to take meaningful steps - no more waiting for permission or direction.

With over 25 years experience - including leadership roles at Accenture, Avanade and P&G, Antoinette brings grounded insight and corporate credibility. She's worked with global organisations including UNHCR, WHO, NHS, ICRC, World Bank, and Fortune 500 companies, delivering sessions that consistently receive outstanding feedback for their clarity, warmth, and impact. Whether on stage or screen, Antoinette brings professionalism, purpose, and a powerful message:

The result? Stronger leaders, more fulfilled employees, and a resilient workforce—with a COMPASS to guide the way.

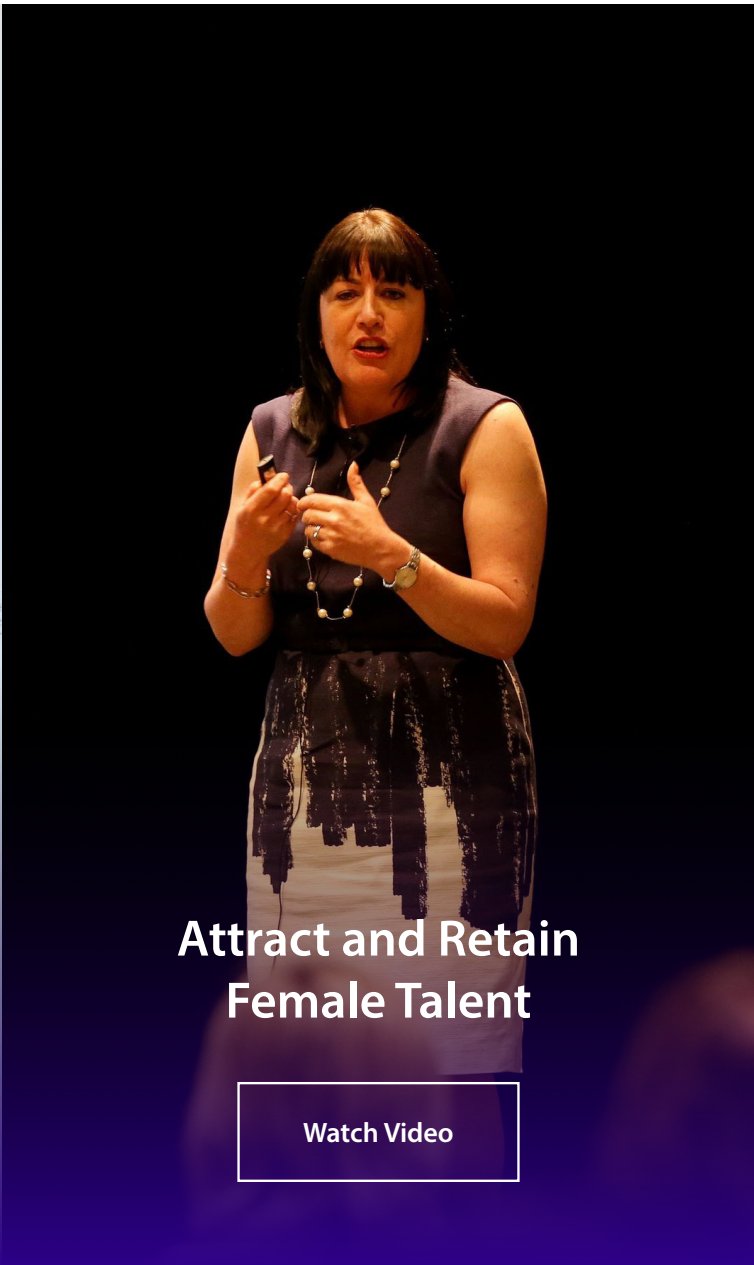






## The Career Conversation I Didn't Have

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## Attract and Retain Female Talent

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## The World of Work is Changing

[Watch Video](#)



# COMPASS

## Navigating Success in a Changing World of Work – The COMPASS Keynote

In this energising keynote, Antoinette Oglethorpe introduces **COMPASS**—a practical framework that empowers employees to take ownership of their careers while supporting a culture of engagement, resilience, and growth.

Like a compass guiding explorers through change, Antoinette's session equips people with the direction, tools, and mindset they need to thrive. Backed by 25+ years of global experience and rich with real-world stories, this keynote sparks lasting motivation and delivers immediate value for your organisation.





## COMPASS Keynote Topics

C

**Clarity:** Help people understand their strengths, values and direction - leading to more focused, fulfilled, and self-driven talent.

*"Success isn't about following someone else's map; it's about creating your own."*

O

**Ownership:** Equip individuals to take responsibility for their own development - reducing dependency on managers and increasing engagement.

*"If you don't take the wheel, someone else will. And you might not like where they take you."*

M

**Mindset:** Build a resilient workforce that can adapt to change, bounce back from setbacks, and seize opportunity in uncertainty.

*"Success is not just about ability. It's about adaptability."*

P

**People:** Foster a culture of mentoring, where strong relationships accelerate personal growth and performance.

*"Success isn't a solo journey – it's a shared adventure."*

A

**Amplify:** Promote meaningful career conversations at every level - boosting engagement, learning, and development across your organisation.

*"People don't grow in isolation. They grow through conversation."*

S

**Success:** Encourage people to define success in ways that energise them - improving retention and reducing burnout.

*"Success isn't about pay and promotions. It's about enjoyability and employability."*

S

**Small Steps:** Enable consistent, lasting change through a focus on steady progress - not overwhelming leaps - making growth sustainable.

*"Small steps, steady progress, lasting success."*

A

Antoinette  
Oglethorpe



## Keynote Presentation

Whether you choose a punchy 45-minute opener or a more in-depth 90-minute keynote, Antoinette tailors her COMPASS framework to your audience. With powerful stories, research-backed insights, and practical tools, her sessions spark energy, clarity, and momentum.

**Ideal to kick off or close your event with purpose and impact.**

*"A truly impactful keynote that left our people energised and motivated to take ownership of their careers."*

## Interactive Masterclasses

Build on the keynote with hands-on sessions exploring career ownership, growth, and development. Options include:

- Confident Career Conversations for Managers
- Career Compass for Employees
- Strategic Career Conversations for HR & L&D

Available in person or online.

## Tools & Resources

To support long-term impact, Antoinette provides practical takeaways - from her best-selling book to toolkits and templates your people can apply immediately.





## Testimonials

"Antoinette's COMPASS keynote was the perfect way to launch our Career Month. Her storytelling inspired colleagues to reflect on what truly matters. We had fantastic feedback—energised, motivated, ready to take ownership."

— **Dipti Lakhani**, Talent Development Manager, Collinson Group

"It's starting to feel like it wouldn't be LearnFest without you! You always bring such inspiring, thought-provoking sessions that get our attendees buzzing."

— **Claire Reed**, Learning and Talent Consultant, Essex County Council

"Your profound insights and passion left an indelible mark on our Career Week. Truly inspiring and thought-provoking."

— **UNDP Career Development Team**

"An engaging and inspirational speaker. Your session empowered our colleagues with tools to grow and develop in their careers."

— **Chief**, Talent Development & Performance Section, UNHCR

"Brilliant presentation! Participants appreciated your journey, perspective, and practical advice on rethinking career development."

— **Manager**, Talent & Career Development, World Bank Group





**Check Antoinette's  
availability:**

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